



Temporary Crowns Postoperative Care

- * Your new temporary crowns will serve you for a short period of time while your permanent crowns are being made. They are lightly attached to the underlying teeth, and therefore are easily removed.
- * Should your temporary restoration come off, it is important to call our office for an appointment as soon as possible. Leaving the temporary off for too long could cause your teeth to move, and the final restorations may not fit properly. If you are in a situation with no possible way to schedule an appointment with our office, replace the temporary with a denture adhesive (Ex: Fixodent). Then, at your earliest availability, please call our office to schedule an appointment so that we may reseat your temporary properly.
- * Even though we try to mimic your final smile, the size, shape and color of your temporaries may not *exactly* resemble the final look. Your final porcelain crowns will be natural, smooth and function as normal as possible.
- * It is very important that you brush your temporaries and apply Peroxyl as instructed. This helps maintain healthy teeth and gums, and also allows better placement of your permanent restorations. You may see stains on or under the temporary. Any staining will be removed prior to cementation of your permanent crowns.
- * If your bite feels uneven once the anesthetic has worn off, please call our office for a bite adjustment. A prolonged uneven bite can cause temporary damage and/or long term sensitivity and tooth soreness.
- * Always be mindful to avoid chewy, sticky and crunchy foods, e.g., popcorn, hard candy, and caramels. We would also recommend avoid drinking red wine, espresso-type drinks and all forms of tobacco.
- * Please feel free to contact our office with any questions or concerns. We are more than happy to assist you in any way we can. You are also more than welcome to text Dr. Hvideberg, she's available during the entire process.